



April 2009 Newsletter

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Dear Friends,

April is an unusual month for us. Typically, we do 3 to 4 activities/month during the school year; these activities usually include one session of group basketball at the Emily K, one session of group fitness at Empower Personal Training, and one social activity. This month we are varying from our typical schedule because there are a number of special activities that we are promoting.

Two events honor members of our extended BounceBack Kids family: Jogging for Justin is a 5k run on April 18 to benefit the Chordoma Foundation and is being organized in memory of Justin Straus, a beloved BounceBack Kids participant; Fitness Fair at Empower is a day of fitness activities on April 18 to benefit the National Multiple Sclerosis Society and is being organized in memory of Joanne Roberts, beloved wife of Barry Roberts, Board Member of BounceBack Kids. Details of these events are below.

Angels Among Us, a 5K run and family walk benefiting the Preston Robert Tisch Brain Tumor Center at Duke, is April 25. Since our program began with four kids who were treated at the BTC, we traditionally do not hold an activity during this event.

As many of you know, every semester we have student volunteers from UNC through the APPLES Service Learning Program. This semester, for the first time, we are a community partner of Communication Studies 312 (Persuasion). As part of their service learning, students in this class organize a fundraiser that benefits the class's community partners: BounceBack Kids, Boomerang, the Emily K Center, YIKES, and Avid. The students have organized Caring for Kids, which will be held on April 17 in conjunction with Beach Bash, an annual UNC event celebrating the beginning of warm weather, and the UNC vs. Miami baseball game.

We typically do not meet on holiday weekends. Accordingly, we will not have an activity Easter weekend. Because of these special events and the Easter holiday, we will not be doing a group fitness session this month.

I hope to see you at our activities this month.

Warmly,

Lisa

April Calendar

To RSVP please email Jeff at jeffp@bouncebackkids.org or call (919) 246-9100, ext 2.

Saturday April 4th - Basketball at Emily K Center

What: High quality basketball instruction that includes various basketball drills such as passing and pivoting, dribbling, shooting and non-competitive games.

Where: Emily K Family Life Center, 904 W. Chapel Hill St, Durham, NC 27701

When: Saturday, April 4th, 11:00 am - 12:30 pm

Saturday April 25th - Basketball at Impact Athletics

What: High quality basketball instruction that includes various basketball drills such as passing and pivoting, dribbling, shooting and non-competitive games.

Where: Impact Athletics and Fitness Center, 280 Towerview Ct, Cary, NC 27513

When: Saturday, April 25th, 1:00 pm

Sunday April 26th - The Scrap Exchange

What: Join us for an arts and crafts day to make something for Mother's Day and/or Father's Day.

When: Sunday, April 26th, 3:00 pm- 4:30 pm

Where: The Scrap Exchange, 548 Foster St, Durham, NC 27701

BounceBack Kids Participants: New RSVP Procedures; Old Phone Disconnected; New Personal E-mail for Coach Z

Effective April 1st, all event RSVPs should be sent to Jeff Peterson at jeffp@bouncebackkids.org or call (919) 246-9100, ext 2. Also, please note that effective April 1, 2009, our old phone number (919) 425-2104 will be disconnected; please call us at (919) 246-9100. Additionally, please note that Mike Zeillmann's personal email has changed to coachzbasketball@gmail.com.

BounceBack Kids in the News!

Look for a great article about BounceBack Kids in the April issue of Carolina Parent. Also, check out a [nice article](#) about one of our own participants, Kate on [MyNC.com](#).

Additionally, you can hear Kate, Pat Togni, and Lisa on [Here's to Your Health](#). Click on the link for January 31, 2009.

Caring for Kids at Beach Bash

Beach Bash is an annual event held at UNC Chapel Hill and is sponsored by Carolina Fever to kick off the beginning of the warm summer weather. This year, the Bash will be held before and during the UNC vs. Miami baseball game, one of the Diamond Heels' biggest games of the year! There will be games for kids and for college-age adults, as well as food and live entertainment. Students from Communication Studies 312 will set up a tent to provide information about organizations that are community partners of that class, including BounceBack Kids. Come out and show your support.

Date: April 17th

Time: 4pm - 11pm

Location: [Boshamer Stadium](#), UNC Chapel Hill

Description: To raise awareness of and garner local support for non-profit organizations that work with kids (BounceBack Kids, Boomerang, The Emily K Center, YIKES, and AVID). Information about BounceBack Kids will be available at the UNC Beach Bash.

Click [here](#) for more information.

Jogging for Justin 5K Party

Put your running shoes on and raise money for Chordoma research in honor of Justin Straus at the Jogging for Justin 5K. Bring your friends and family and run/walk together. The 5K is on April 18 and starts at 9:00 AM. Donations will be collected and tee-shirts given out beginning at 8:15 AM. It will be on the Durham portion of the American Tobacco Trail. Suggested parking is at Southpoint Crossing (Kroger) Shopping Plaza which is located at the corner of Fayetteville Rd and Hwy. 54. There is a suggested donation of \$20.00, but no amount is too large or too small. All donations go directly to Chordoma research. RSVP is preferred; when RSVPing, please specify your name, the number coming and your preferred tee-shirt sizes. For more information contact [Mattis Collier](#) or [James Becherer](#).

Fitness Fair at Empower

Join Empower for a fun-filled day of fitness, food, music and good health as they honor the memory of Joanne Roberts and raise money for Team Joanne and the National Multiple Sclerosis Society. Saturday, April 18th, 2009 from 9-2. The Fitness Fair will feature fitness activities for the whole family including Durham's Biggest Boot Camp, a Train-the-Trainer event, massage demos, smoothie tastings, allied health vendors, fun activities for the kids, live music, door prizes and more. Registration for Biggest Boot Camp will begin at 9:00 am and the Boot Camp will start at 10:00 am. There is a 100% tax deductible donation-based fee (a minimum \$10 donation is requested). RSVP [online](#).

Angels Among Us

The Preston Robert Tisch Brain Tumor Center at Duke is holding its annual 5K run through Duke campus, "Angels Among Us" on Saturday April 25th at 8 am.

Angels Among Us is a celebration of life, strength, courage and commitment. It has become a national event, with thousands coming from all across the country to volunteer, participate, and make a difference. The event begins with a 5K run through the Duke campus and then features a wonderful family fun walk. It has a family-friendly focus with entertainment, food, raffle, souvenirs, activities and prizes for children, and a closing ceremony where the top ten fundraising teams receive an award and the grand total for the event is announced. Please note that there is a new location for 2009; the event will begin at the corner of Erwin Road and Flowers Drive on the Duke Medical Center campus. For more information, go to angelsamongus.org.

UNC recognized for its community service efforts, with Basketball Marathon A Key Component By Rachel Galanos, BounceBack Kids APPLES student

Big congratulations are called for the UNC-Chapel Hill volunteers of BounceBack Kids and all other UNC students volunteering on a regular basis, for contributing to UNC being named to the Presidential Honor Roll of Community Service! Along with four other major community service projects happening at Carolina, the Duke-Carolina Basketball marathon, a BounceBack Kids tradition, was named one of the major factors in UNC being named to the Honor Roll.

The Community Service Honor Roll was launched in 2006 and is the highest federal recognition a school can receive for volunteering throughout its community. Schools recognized on the Honor Roll were chosen based on a set of criteria for their service projects: innovation and creativity of service projects, percentage of students participating in the activities, and the extent to which the school offers service learning courses (one major way BounceBack Kids interacts with students and volunteers from different campuses in the Triangle community).

The Duke vs. Carolina rivalry is extended onto a different kind of basketball court with a different set of rules for a few days in order to raise money to benefit children with serious illnesses. Contributing to the creativity and percentage of students involved in the fundraiser qualifications set by the Community Service Honor Roll, volunteers from both shades of blue compete to raise money, resulting in a face off on the basketball court. An original service project lasting all year, the first Basketball Marathon raised over \$60,000. The infamous basketball marathon, designed to benefit BounceBack Kids, exemplifies the many reasons why UNC has been recognized for its community service skills.

It has been stressed greatly these days, given the unstable economy, how important volunteers can be to different non-profit organizations, such as BounceBack Kids. Thanks to the Tar Heels teaming up with their rival Blue Devils, volunteers put together a charitable event for Bounce BackKids that helped put UNC on the map as a university with an emphasis on community service.

Upcoming Calendar

Details on all of these events will accompany our May newsletter:

- May 2, Carnival at Wake Forest-Rolesville High School to benefit BounceBack Kids; organized by the WFR JROTC; details to follow.
- May 9, Basketball at the Emily K, 11 a.m.-12:30 p.m. - our last session at the Emily K until late summer.
- May 16, Fitness at Empower Personal Training, 10:00 a.m.

BounceBack Kids™ enriches the lives of children with serious medical conditions and their families through free year-round social, athletic, and recreational activities offered in a caring and supportive environment that is medically-safe. Core programs include group fitness, individual fitness, recreational and social activities, a buddy program and a college planning guide.

www.bouncebackkids.org ♦ info@bouncebackkids.org

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